

Positive

Aging 101



School days are here again, but this time around promises to be much more fun. Come to Senior School and you'll learn something new and have the opportunity to help local children at the same time by donating school supplies to our Supply Drive.



Class Schedule:

8:45 am - Welcome to School

9:00 am— Estate Planning and Legal Documents 101

John Burns, Estate & Elder Care Law Attorney

10:15 am— Medicare 102

Julie Campbell, NARCOG

11:15 am - Lunch provided by Brookdale Cedar Springs

12: 15 pm— Seniors Transitioning from Home 103

Tori Vaughan, Your Senior Move Partner/Redstone Family Realty, LLC

1:30 pm— Home Health 104

Julie Smith, CSA Amedisys Home Health

2:30 pm—Final Bell and Door Prizes

Thursday, August 26, 2021

RSVP—(256) 552-3800 or abeltz1@brookdale.com

2505 Spring Avenue . Decatur, AL 35601